

WOMEN EMPOWERING WOMEN

FIH Club Calendar

Let's build the FIH Community together!



ONE WOMAN CAN MAKE A DIFFERENCE
BUT TOGETHER WE CAN
ROCK THE WORLD.

Learn more at www.fadeintohue.com and follow us
@fadeintohueofficial on Instagram and Pinterest.



August

Theme: Community

Action:

- Recruit members by holding a club fair and making flyers.
 - Can use or refer to the example one given on the club page.
- Hold your first meeting and elect officers.

Community Building:

- In your first meeting, have everyone introduce themselves, share why they joined the club, and what they are looking forward to.
 - Encourage doing group activities or games!

September

Theme: Women in STEM

Action

- Hold a conference in your school or community where invite a woman who is working in a STEM field to speak about why they pursued their specific interest and what obstacles they faced and how they overcame them. Also, get your female science and math teachers or moms who pursue STEM careers to speak as well!

Community Building

- Almost half of the U.S. workforce is made of women, yet less than 25% of women pursue STEM careers. Have a discussion with the club as to why you think this is, talk about your STEM interests, etc





October

Theme: Girl's Education

Action:

- Have a fundraiser in your school or community to raise money for girls' education in India.
 - Hold a bake sale and inform people about the cause. Also, collect donations. Check out our blog post to learn more about the issue and how to help!

Community Building

- In a meeting, discuss the issues surrounding girls' education, what you can do to support the cause now, and your own education (obstacles as a girl, privilege because of your area).

November

Theme: Women and Sports



Action:

- Have a fundraiser to raise money for your school's or community's women's sports teams (can be for a specific sport or the whole department).
 - Hold a friendly game (choose one sport) where you charge money for tickets. You can contact another school's women's sports team to participate and raise money for their department too.

Community Building:

- In a meeting, play a friendly sports game with the members and discuss issues you faced pursuing sports as a girl.



December

Theme: Intersectionality

Action:

- Invite a speaker to your school or community to discuss identity and the different factors that comprise them. How this affects us as individuals and how understanding our identities can encourage inclusion.

Community Building:

- In a meeting, place the signs of different identity factors (race, ethnicity, age, family, wealth, gender, sexuality, etc.) around the room and have the members stand under the sign they identify most with. Give the members the opportunities to discuss why they chose this factor with the other members who did as well. Then, give them the opportunity to share with the entire club.

January

Theme: Social Media, Self-Image, and Mental Health

Action:

- Invite a speaker or have the club create and give a presentation on the negative effects of social media on self-image and mental health. Also, discuss how to maintain positive self-image and good mental health. Work with your school's guidance counselor or professional to provide resources to the students/community members.

Community Building:

- Have the members participate in a one month mental health challenge. Keep each other accountable, discuss your journeys as you go, and reflect on the process once you all have finished. Check out our club resources!





February

Theme: Women in Policy and Voting

Action:

- Analyze local policy relating to women's issues. Create a plan as a club for issues you want to address with your school or school board.
- You can also hold a conference and see what local policy you can support and why you want to support it.
- Have a discussion about the importance of voting.

Community Building:

- Have a meeting relating to political views. Allow everyone to speak openly, no matter if someone is liberal or conservative. Discuss how political views tie into identity and feminism!

March

Theme: Women's History

Action:

- Have a design challenge where students or community members can submit a T-Shirt design to celebrate women's history month. Then, pick a winner and print the design on t-shirts and sell them. Collect the funds and accept donations.
 - Place posters and infographics of women in history around your school/community. Feel free to use the ones provided, but we also encourage making your own too!



Community Building:

- Dedicate separate meetings to talk about a woman in history that your club thinks is important to recognize. Make an infographic/flyer on them!





April

Theme: Women and Media

Action:

- Have a movie screening and charge money for a movie ticket and/or concessions. Show a women's empowerment film. This can be decided by the club, but you can refer to the list provided for suggestions or inspiration.
- Collect donations as well.

Community Building:

- Have a discussion about how you think women in the media are portrayed. This includes movies, television, commercials, advertisements, etc.



May

Theme: Feminism

Action:

- Hold a conference where students and teachers can talk openly about the concept of feminism. This is a great opportunity to dispel myths and grow the community! Encourage men to participate. What barriers do women face? In the U.S. and other countries? Do feminists need to push for legislative change or diminish stigma?
- Hang up infographics and posters to inform your peers of this topic.

Community Building:

- Have a club discussion about feminism. See if everyone identifies as a feminist. In either case, ask why they do or do not. Try to come to some common ground.

